



Meals on Wheels
Greater Spokane County



BE A LIFELINE TO A VULNERABLE SENIOR

Learn how you can make a difference

GSC Meals on Wheels Volunteer Orientations

First Tuesday of the Month

1:30 p.m. - 2:30 p.m.

GSC Meals on Wheels

12101 E. Sprague Ave

Spokane Valley

Third Tuesday of the Month

10 a.m. - 11 a.m.

Neva-Wood Cops Shop

4705 N Addison St

Spokane

509.924.6976

gscmealsonwheels.org